

5  
10  
15

A structure adapted to assume an expanded geometry having a desired configuration when used in bone includes material that limits the expanded geometry. The structure undergoes stress when expanded during its first use in bone. As a result, the structure can not be relied upon to reach its desired configuration during subsequent use in bone. Accordingly, the structure is packaged in a sterile kit, which verifies to the physician or user that the device packaged within it is sterile and has not be subjected to prior use. The physician or user is thereby assured that the expandable structure meets established performance and sterility specifications, and will have the desired configuration when expanded for use.